

Myo-Inositol & D-Chiro Inositol Blend Capsule | 30-Day Supply | Most Beneficial 40:1 Ratio | Hormonal Balance & Healthy Ovarian Function Support for Women | Vitamin B8 |

- Myo-Inositol combined with D-Chiro Inositol; Two of the most popular and well-known nutrients, known as vitamin B8, for female fertility and reproductive health. All in one bottle!
- This formula offers 2,000 mg of Myo-Inositol and 50 mg of D-Chiro Inositol in the 40:1 ratio naturally occurring in the body.
- Each Bottle Provides 120 Capsules, a 30-Day Supply. If desired, break and open the capsules and mix with juice or water.
- The best recommended dose is 4 Capsules daily
- Safe, without important side effects or drug interactions.
- Effective, formulated based on the newest and the most valid clinical trials.

Supplement facts

Serving size : 4 capsules
Serving per container: 30

	Amount	%DV
Myo - inositol	2000 mg	*
D-chiro-inositol	50 mg	*
Folic acid	800 mcg	200 %

Other Ingredients: Silicon Dioxide, Magnesium stearate, MCC 101
Recommended daily intake: Take 4 capsules daily with a meal.
Storage: Store below 30°C. Keep in a cool & dry place.
Keep out of sight and reach of children.



Ovufit®

Myo & D-Chiro Inositol with Folic Acid
A Natural Fertility Supplement

Helps Promote Hormone Balance and Support Ovarian Function

- ✓ Hormonal and Reproductive Support
- ✓ PCOS Relief and Metabolic Syndrome Relief
- ✓ Formulated at a 40:1 ratio of Myo-Inositol & D-chiro Inositol with Folic acid
- ✓ Daily Stress Relief



About Ovufit®

- **HORMONE + FERTILITY + MENSTRUAL CYCLE SUPPORT** – Specially formulated for women, Ovufit® contains ingredients that are clinically proven to naturally help support hormone balance, help maintain ovarian function, promote healthy menstrual cycles, and support egg quality. Ovufit® is a %100 natural fertility supplement, designed to promote overall reproductive health.
- **MOST EFFECTIVE 40:1 RATIO** – Studies show that the body's natural 40:1 ratio of Myo-Inositol to D-Chiro-Inositol is the most effective ratio for fertility and reproductive support. Ovufit® offers this clinically-proven 40:1 ratio.
- **SUPPORT ASSISTED REPRODUCTIVE TECHNOLOGY** – Studies showed that combined therapy with Myo-Inositol & D-Chiro-Inositol, rather than each alone, was able to improve oocyte quality in PCOS women undergoing assisted reproductive technology (IVF-ET).

PROVEN RATIO

Studies show that the body's natural 40:1 ratio of Myo Inositol to D-Chiro Inositol is the most effective ratio for fertility and reproductive support.

120 Capsules



Metabolic Syndrome

The combined therapy myoinositol plus D-chiro-inositol is able to improve the metabolic and lipid profile of PCOS women, therefore, reducing the cardiovascular risk.

Recent studies reported the beneficial effects of a combined supplement containing both MI + DCI in their physiological plasma ratio 40:1. The results were; reduction of LDL-cholesterol and insulin levels as well as quicker normalization of glucose metabolism.

Polycystic Ovary Syndrome (PCOS)

Inositol treatment has been shown to ameliorate the reproductive morbidities affecting PCOS women, i.e., hormone changes, irregular menstrual cycle, anovulation and infertility.

Inositol has been able to reduce androgen levels (testosterone and androstenedione), correct the FSH/LH ratio and induce ovulation witnessed by adequate luteal phase progesterone production. Such changes are paralleled by clinical improvements, i.e., a restoration to normal menstrual cycle rhythm and the achievement of pregnancy, in absence of hormone stimulation.

References:

1. M. Minozzi et al. The combined therapy myo-inositol plus D-Chiro-inositol, in a physiological ratio, reduces the cardiovascular risk by improving the lipid profile in PCOS patients. *Eur Rev Med Pharmacol Sci.* 2013; 17: 537-540.
2. Fabio Facchinetti et al. Results from the International Consensus Conference on Myo-inositol and d-chiro-inositol in Obstetrics and Gynecology: the link between metabolic syndrome and PCOS. *Eur J Obstet Gynecol Reprod Biol.* 2015; 195: 72-76.
3. Giovanni Monastra et al. Combining treatment with myo-inositol and D-chiro-inositol (40:1) is effective in restoring ovary function and metabolic balance in PCOS patients. *Gynecological Endocrinology.* 2017; 33 (1).
4. S Colazingari et al. The combined therapy myo-inositol plus D-chiro-inositol, rather than D-chiro-inositol, is able to improve IVF outcomes: results from a randomized controlled trial. *Arch Gynecol Obstet.* 2013; 288 (6): 2855-3.
5. M. Nordio. The Combined therapy with myo-inositol and D-Chiro-inositol reduces the risk of metabolic disease in PCOS overweight patients compared to myo-inositol supplementation alone. *Eur Rev Med Pharmacol Sci.* 2012; 16: 575-581.
6. S. Dinicola et al. The rationale of the myo-inositol and D-chiro-inositol combined treatment for polycystic ovary syndrome. *J Clin Pharmacol.* 2014; 54(10): 1079-92.

POWERFUL SUPPORT

Myo-inositol combined with D-chiro-inositol can help women with insulin resistance and/or PCOS. This combination has also shown great promise as a natural way to improve hormone balance, ovarian function, egg quality, and more!

